



CPH | CENTRE FOR
PUBLIC HEALTH
LIVERPOOL JOHN MOORES UNIVERSITY



Anabolic Steroids: Evidence & Engagement Conference

Wednesday 22nd June 2016

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The use of drugs for performance and image enhancement purposes has been firmly recognised as a public health concern. Of the diverse drugs that fall in this category, anabolic steroids and associated drugs appear to be the most prevalent and have the highest profile amongst the general population.

Although in existence for several decades, the use of anabolic steroids for enhancement purposes is a complex and dynamic phenomenon. Consequently, efficient public health responses need to be informed by state-of-the-art evidence regarding prevalence, characteristics and risks, an understanding of changing user populations, and an appreciation of the strengths and limitations of different engagement strategies. With leading international and UK speakers, this conference will investigate what we already know about this drug use, the ways it has been dealt with, and the key challenges we are currently facing.

Conference aims

- To highlight anabolic steroids use as a public health issue in the context of the wider use of human enhancement drugs
- To review existing evidence and engagement strategies
- To prompt new research and intervention initiatives
- To facilitate the exchange of knowledge, views and experiences between diverse professionals and disciplines

Conference audience

- Commissioners
- Practitioners
- Researchers
- Representatives of the community

Conference venue

John Lennon Art and Design Building
Duckinfield Street
Liverpool
L3 5RD

If you would like to attend the conference please RSVP by email to steroidconference2016@ljmu.ac.uk or to find out more information you can visit www.cph.org.uk/steroidconference2016

Confirmed Conference Content

Main Sessions		Details
Jim McVeigh <i>Centre for Public Health, LJMU, UK</i>		Welcome and introduction
Dimitrios Liokaftos <i>Arrhus University, Denmark</i>		Historical context: the influence of bodybuilding.
Paul Dimeo <i>University of Stirling, UK</i>		Influence of sports policy on anabolic steroid policy and legislation.
Geoff Bates <i>Centre for Public Health, LJMU, UK</i>		Characteristics and risks – UK survey.
Dominic Sagoe <i>University of Bergen, Norway</i>		Prevalence and polypharmacy.
Ask Vest Christiansen <i>Arrhus University, Denmark</i>		Understanding the typology of users.
Charlotte McLean <i>Centre for Public Health, LJMU, UK</i>		Women and anabolic steroids.
Astrid Bjørnebekk <i>University of Oslo, Norway</i>		Brain and behaviour.
Denis Moran <i>Merseyside Police</i>		Experience of the police.
TBC		TBC.

In addition to the above there will be further parallel sessions to be confirmed in due course.